7th Grade Science
Safety Rules

General Rules
- Never eat, drink or taste anything in the lab.
- NEVER work alone in the lab.
- DO NOT take any materials or chemicals out of the classroom.
- ALWAYS follow your teacher’s instructions.
- ALWAYS ask questions if there is something you don’t understand.
- NEVER enter or work in a supply area unless instructed to by your teacher.
- Help others, warn them if you see something unsafe.
- Horseplay and goofing off are NEVER allowed during lab activities.
- NEVER run in the lab.

Before You Start
- Read the instructions carefully before you begin.
- Make sure you have any safety equipment you might need.
- Remove loose clothing or jewelry and tie back long hair.
- Know where emergency equipment is located.

While You Work
- Work ONLY on activities assigned by your teacher.
- Recheck the directions as you work.
- DO NOT handle any equipment without permission from your teacher.
- Handle living things and preserved specimens with respect, and only when instructed to by your teacher.
- When using sharp objects like scissors or scalpels, always cut away from yourself.
- When dissecting, cut using gentle, constant pressure. NEVER stab at anything.
- Wear gloves when working with dangerous chemicals or handling preserved specimens.
- ALWAYS carry microscopes and test tube racks with two hands.

After You Finish
- Clean and put away all equipment before you leave.
- Turn off and store microscopes as instructed to by your teacher.
- Follow your teacher’s instructions on how to dispose of waste.
- Clean your work area.
- ALWAYS wash your hands with soap and water.

If there is an accident...
- Notify your teacher immediately of any accident:
  - fire, injury, broken glass, chemical spills, etc.
- Follow your teacher’s instructions in dealing with emergencies.
7th Grade Science Safety Contract

My teacher agrees to:
- Teach me how to act safely in Science class and lab activities.
- Maintain a safe environment during all classroom and lab activities.
- Provide clear instructions before we start any lab activities.
- Act quickly and effectively to deal with any accident or emergency.
- Remove any student who puts anyone’s safety at risk.
- Prepare lessons and labs that are safe and effective learning experiences.

___________________________________________________ _____________
Teacher Signature         Date

I agree to:
- Act responsibly at all times in the lab.
- Follow all verbal AND written instructions given by my teacher.
- Perform only those activities assigned and approved by my teacher.
- Protect my eyes, face, hands and body by wearing proper clothing and using protective equipment like gloves and goggles when necessary.
- Know the location of emergency and first aid equipment in the lab.
- Notify my teacher immediately of any accident or emergency.
- NEVER work alone in the lab.
- NEVER eat, drink or taste anything in the lab unless my teacher tells me to.
- Handle living things and preserved specimens only when given permission by my teacher, and then with care and respect.
- Use all lab equipment carefully and only for its intended purpose.
- Never enter or work in a supply area unless instructed to do so by my teacher.

I, _______________________________________________________(print name), have read each of the statements in the Safety Contract and understand these safety rules. I agree to abide by the safety regulations and any additional verbal or written instructions provided by my teacher and my school. I further agree to follow all other written and verbal instructions given in class.

___________________________________________________ _____________
Student Signature          Date

___________________________________________________ _____________
Parent Signature         Date